

Kathleen Willoughby

Objective

My goal is to secure employment after 2 years of staying home with my 3 children. I would like to utilize my training and experience to make a valuable contribution to our community.

License

Licensed Mental Health Counselor

Education

University of Dayton August 2015-May 2018

Master of Science in Education

Clinical Mental Health Counseling

Urbana University August 2010-May 2014

Bachelor of Science

Exercise Science

Experience

**Carlton Manor Inc. (Group Home Therapist) November 2018-November 2020 (Full-time)
November 2020-December 2021 (Part-time)**

- Provided counseling services to group home children, ages 12 to 17.
- Completed intake information, diagnosing, biopsychosocial assessments, various intake assessments, and treatment plans.
- Utilized a variety of therapeutic interventions in individual, group, and family therapy settings.
- Engaged in counselor supervision with direct care staff.
- Collaborated with social workers, case managers, guardian ad litem, parents, teachers, and the individual for best treatment care outcomes.
- Involved in IPA, and Behavioral Plan meetings with client schools.

Star Point Counseling Center (Contract Therapist) July 2018- December 2018

- Provided counseling services to couples, individuals, and families.
- Provided intake information, diagnosing, and treatment planning.
- Utilized a variety of therapeutic tools and interventions.
- Engaged in administration duties such as credit card processing and insurance processing.

Family Services Association (Counselor Trainee) January 2017-May 2018

- Provided counseling services to diverse populations.
- Provided intake information and completed all required documentation including diagnoses, treatment planning, and assessments.
- Co-facilitated anger management psycho-education groups.
- Co-facilitated domestic violence perpetrator groups.
- Engaged in peer review projects and performance quality improvement.
- Participated in COA accreditation.

Bethany Village: Retirement Care and Senior Living (Life enrichment Coordinator) October 2015-May 2018

- Planned on and off campus activities for retired independent living residents.
- Coordinated with different departments including but not limited to: Marketing, housekeeping, transportation, nursing, and management.
- Composed the monthly newsletter and activities calendar for the independent living residence.
- Co-Facilitated the Alzheimer's support group.
- Developed and facilitated the Caregiver support group for residents who were caring for their spouses.

Beavercreek Soccer Association (Head/Trainer) August 2014-October 2017

- Coached and trained youth from ages 5 to 13.
- Developed Training programs.
- Created lineups and organized players.
- Developed strength and conditioning programs in groups and individual settings.

Premier Fitness (Personal Trainer/Personal Training Manager) September 2014-June 2015

- Developed Monthly exercise Programs.
- Developed personal training sessions.
- Sold personal training packages.

Trainings/Certifications

- Gottman Level 1- Training
- Suicide Prevention
- Human trafficking
- Trauma informed care trainings
- TF-CBT Training
- Chi Sigma Iota
- American Counseling Association
- Florida Counseling Association
- National Counseling Certification